

Fading Supports by Teaching Self-Management to Students with Difficult Behaviors



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Presentation and handouts can be found at:
<https://sites.google.com/site/r4selfmonitoring/>

Self-Management Steps Overview

| Steps: | Notes: |
|---|--------|
| 1. Identify & Define Target Behavior of Student | |
| 2. Collect Data & Determine Criteria for Behavior Change | |
| 3. Develop Procedures & Tools for Student Self-Monitoring | |

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| 4. Teach & Model Procedures for Student | |
| 5. Guided Practice of Self-Monitoring Process | |
| 6. Student Implementation & Progress Monitoring | |
| 7. Fade External Supports for Target Behaviors | |