

OVERVIEW:

These intervention practices will provide the participants with strategies to assist in teaching children how to manage and take ownership of their personal behavior. The focus will be on the following issues:

- behavior is a communication system
- 100% of the time, you are a role-model
- teach ownership and personal accountability of behavior
- targeting specific behaviors that interfere with the learning/teaching process
- teaching alternative behaviors

It is critical we recognize that behavior is most often learned based on our experiences in relating to our environment and interacting with others. The ability to **make** someone change his or her behavior is extremely difficult if not impossible! We do, however, have the ability to influence change in behavior based on how we qualify our expectations and teach appropriate alternatives to inappropriate behavior demonstrations.

Where Do We Begin?

- self
- instructional strategies
- environment
- setting parameters

Phrases/Words ... Beware!! ... ???

- Do you ... ?
- What are you doing?
- Can you ... ?
- You need to calm down!
- never, always, can't, doesn't, won't
- If you don't ... I will ...
- Are you ready to ... ?
- Would you please ... ?
- I know how you feel.
- take "we" out of your vocabulary

Things to consider:

- behavior can be fueled by **people** and/or the **environment** the people are in
- we alter behavior based on **where** we are and **whom** we are with
- target the behavior ... (What does the behavior **LOOK** like, what does the behavior **SOUND** like, and can you clearly identify and **COUNT** the number of behavior demonstrations) and refrain from **judgment** terminology
- define by **environment**
- "by" to clarify
- (clearly describe the behavior being demonstrated,) ... tells me that ... (describe the natural consequences of such actions ... positive or negative)
- the severity of the behavior is determined **NOT** by the demonstration, rather, by how we **respond** to the demonstration